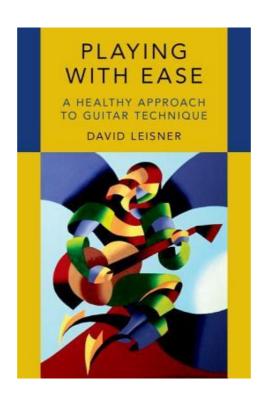
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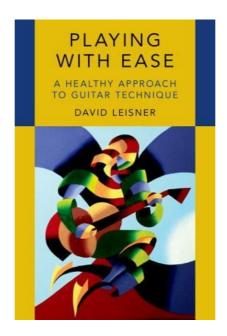
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Playing with Ease is a book about ergonomic technique for the guitar, as well as other instruments. Renowned classical guitarist David Leisner offers an introduction to the basic anatomy of movement, advice on relieving unnecessary tension, pioneering ideas about engaging large muscles, and tips for practicing and concert preparation.

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